



Prepare

Be Prepared for Life's Little Emergencies



Modern Medicine

- Treats Symptoms
- Synthetic
- Side Effects
- Expires
- Time Consuming
- Costly

Nature's Solutions

- True Health
- All Natural
- Various Positive Effects
- Extended Shelf Life
- Efficient & Simple
- Pennies per Use



Restore

Use Targeted Support

Give Specific Attention to Individual Needs



- Use common sense
- Use printed and online resources - see *Live Guide*
- Use online support forum at successwithoils.com
- Use oils frequently (i.e. every 15 minutes) with acute situations
- Use oils a couple times per day to:
 - Address continuing health challenges
 - Manage potential issues in the early stages or before they manifest



Prevent

Recommended Daily Health Habits

Lifelong Vitality (LLV) Energy, focus, relief, and well-being

- Microplex VMz®:** Whole food multivitamin & mineral
- xEO Mega®:** Omega 3-6-9 fatty acid & nine essential oils
- Alpha CRS+®:** Antioxidant, anti-inflammatory & cellular energy



#1 Product
30 Day Money
Back Guarantee

- Balance:** For stress/grounding: 2-3 drops on bottom of feet
- Frankincense:** For cellular repair: 2-3 drops under tongue or on bottom of feet
- Lemon:** For cleansing: 2-3 drops in water, 2-3x/day
- On Guard®:** For immune support: 2-3 drops on spine or bottom of feet
- Serenity:** For calming/sleep: 1-2 drops under nose or on bottom of feet
- TerraZyme™:** For digestive support: 1-3 with meals
- On Guard® Toothpaste:** For hygiene: Brush often

Makeover Your Medicine Cabinet with
Safer, Cheaper, More Effective Health Solutions

Do you need safer, cheaper, more effective health solutions?

You Have Choices

Modern Medicine

- Designed to manage symptoms
- Made from isolated synthetic agents
- Side effects (known and unknown)
- \$4.5 trillion/yr. spent on global health care
- Are we healthier because of it?

AND

Nature's Solutions

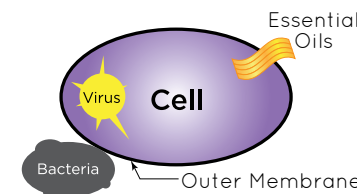
- Help address issues and root causes
- Made of hundreds of natural compounds found in plants that enhance physical and emotional health
- Safe benefits without side effects
- No time/\$ at doctor's visits, no copay
- Pennies per use



Let's explore nature's solutions for your health.

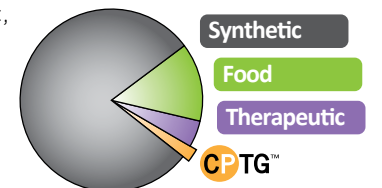
Essential Oils Are Effective

- 50-70 times more powerful than herbs
- Inhibit the growth of bacteria and viruses
- The plant's own natural medicine cabinet



dōTERRA is Safe & 100% Pure

- Plants grown and harvested in their natural habitat
- 3rd party testing ensures oils are genuine, potent, and authentic
- CPTG Certified Pure Therapeutic Grade® oils are beyond organic, verified pure, free of fillers, pesticides, and foreign contaminants



Grades of Essential Oil

How to Use dōTERRA Essential Oils



- Aromatic**
Breathe in or use diffuser to:
- Clean the air
 - Maintain open airways
 - Affect mood



- Topical**
Apply to feet or troubled areas:
- Use caution with sensitive skin, and keep oils out of eyes & ears
 - For sensitivity, dilute or neutralize with Fractionated Coconut Oil



- Internal**
Taking internally is specific to dōTERRA CPTG oils:
- Under the tongue, in a gel capsule, or in water
 - Supports health of mouth, throat, and digestive system

Modern Medicine Cabinet

Before



What do you want to change in your medicine cabinet?



Which Cabinet Costs More?

Makeover Guide

Instead of...
Try... A=Aromatic, T=Topical, I=Internal
 Also may be useful for...

- | | | | | |
|--|--|---|--|--|
| <p>1 Pain Aid
 PastTense™ T
 Head Tension
 Bumps/Bruises
 Occasional Aches/Pains
 Muscle Relaxation</p> <p>2 Respiratory Support
 Breathe A T
 Seasonal Allergies
 Occasional Sinus Relief
 Respiratory Support</p> <p>3 Food Enzymes
 TerraZyme™ I
 Digestive Support
 Proper Elimination
 Food Sensitivities</p> <p>4 Skin Supports
 Lavender A T I
 Anxiety/Stress Relief
 Minor Scrapes
 Soothing Sunburns/Burns/Bites
 Skin Soothing
 Calming/Sleep Issues
 Skin Irritations/Sensitivities
 Occasional Allergy Relief</p> | <p>5 Energy Aids, Mouthwash
 Peppermint A T I
 Alertness/Focus
 Head/Muscle Tension
 Digestive Support
 Menstrual Support
 Seasonal Allergies
 Respiratory Support
 Cooling
 Exercise & Muscle Aid</p> <p>6 Immune System Support
 On Guard® A T I
 Air & Hand Sanitizer
 Immunity Boosting
 Occasional Tooth Pain
 Occasional Throat Irritation</p> <p>7 Upset Stomach Aid, Laxative
 DigestZen® T I
 Digestive Upset
 Nausea Relief
 Intestinal Support</p> <p>8 Cleaning Agents, Hand Sanitizer
 Purify A T
 Bites/Stings
 Air/Surface Purification</p> | <p>9 Mineral Oil
 Fractionated Coconut Oil T
 Diluting
 Moisturizing
 Sun Protectant</p> <p>10 Fluoride Toothpaste
 On Guard® Toothpaste I
 Teeth Whitening
 Healthy Gums</p> <p>11 Muscle & Joint Support
 Deep Blue® Rub T
 Lemongrass A T I
 AromaTouch® T
 Muscle Soreness/Tension
 Injury Prevention/Recovery
 Joint/Connective Tissue Support
 Circulatory Support
 Pre/Post Workout</p> <p>12 Fungal Aid
 Melaleuca T I
 Ear Irritation
 Skin Challenges
 Yeast Issues</p> <p>13 Bacterial Aid
 Oregano T I
 Immune System Support
 Bacterial Challenges
 Antioxidant Protection
 Brain Support
 Fungal Issues
 Occasional Aches/Pains</p> | <p>14 Skin Cleanser
 Clearskin T
 Clearskin Foaming Face Wash
 Skin Conditions
 Fungal Challenges
 Microbial Safeguard</p> <p>15 Stress Aids, Diaper Cream, After Shave
 Balance A T
 Focus/Concentration
 Mood Swings/Conditions
 Anxiety/Grounding</p> <p>16 Sleep & Anxiety Aids
 Serenity A T
 Anxiety/Stress/Calming
 Sleep Support
 Brain Support</p> <p>17 Insect Repellent
 TerraShield® A T
 Repelling Bugs/Other Pests</p> <p>18 Mood Support
 Frankincense A T I
 Occasional Inflammation
 Stress/Mood Support
 Brain Support
 Cellular Rejuvenation
 Wrinkles/Sun Spots
 Minor Scrapes
 Heavy Metal Cleansing
 Lifelong Vitality (LLV) I
 Nutritional Mood Support</p> | <p>19 Hormone Balancing Aid
 ClaryCalm® T
 Hormonal Issues
 Menstrual/Menopausal Support</p> <p>20 Vitamins, Omegas, Resveratrol, Energy Drinks
 Lifelong Vitality (LLV) I
 Energy/Longevity
 Focus
 Comprehensive Nutrition
 Antioxidant Protection
 Inflammation
 Brain/Cardio Health</p> <p>21 Weight-loss Aid
 Slim & Sassy® T I
 Metabolism Support
 Detoxification
 Digestive Support
 Energy/Blood Sugar Support
 Cravings/Appetite Reduction
 Cellulite Issues</p> <p>22 Detox Aid
 Lemon A T I
 Cleansing/Diuretic
 Kidney/Bladder/Liver
 Mood Elevation
 Inflammation
 Lymphatic Support
 Antioxidant Protection
 Zendocrine™ I
 Eliminative Organ Support
 Nutrient Absorption
 Detoxification
 Antioxidant Protection</p> |
|--|--|---|--|--|

Natural Solutions Cabinet

After



Bestselling Products #1 & #2